

# University of Pretoria Yearbook 2021

## Methodology of Life Orientation and Physical Education 461 (JML 461)

**Qualification** Undergraduate

**Faculty** [Faculty of Education](#)

**Module credits** 6.00

**NQF Level** 07

**Programmes** [BEd Intermediate Phase Teaching](#)

[BEd Senior Phase and Further Education and Training Teaching](#)

**Prerequisites** Available to final year students only.

**Contact time** 2 lectures per week, 2 practicals per week

**Language of tuition** Afrikaans and English are used in one class

**Department** Humanities Education

**Period of presentation** Quarter 1

### Module content

This module addresses the practical application of teaching skills, planning and presenting of Physical Education lessons as topic of Life Orientation (presentation of micro-lessons).

Themes include:

- Exploring a meta-cognitive approach in teaching and learning
- The LO teacher as educator (including overcoming challenges innovatively)
- The LO teacher as counsellor (including eco-systemic approaches)
- Development of the self in society
- Health, social and environmental responsibility
- Constitutional rights and responsibilities
- Physical education
- Study skills

The information published here is subject to change and may be amended after the publication of this information. The [General Regulations \(G Regulations\)](#) apply to all faculties of the University of Pretoria. It is expected of students to familiarise themselves well with these regulations as well as with the information contained in the [General Rules](#) section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.